



BREAKFAST

available all day

eat sunshine eggs 20,000 LL

EGGS, TOMATO, ONION, KALE, & MUSHROOMS SERVED WITH HOMEMADE, YEAST-FREE, SOURDOUGH BREAD

eggs on demand 20,000 LL

THREE EGGS, COOKED HOW YOU LIKE THEM, SERVED WITH HOMEMADE, YEAST-FREE, SOURDOUGH BREAD

add-ons for eggs

ORGANIC SMOKED SALMON 13,250 LL

SWEET POTATO MASH 9,000 LL

AVOCADO 9,000 LL

SAUTÉED MUSHROOMS 9,000 LL

oeuf à la cocque 16,500 LL

TWO SOFT-BOILED EGGS COOKED TO PERFECTION

the breakfast plate 25,500 LL

AVOCADO TOAST, SMOKED SALMON,
ONE POACHED EGG & SOME GREENS

acai bowl 20,000 LL

BLUEBERRIES, ACAI, BANANA, ACTIVATED ALMONDS, DATES

mean green protein parfait 20,000 LL

KALE, SPIRULINA, COCONUT, ACTIVATED PEANUTS,
ACTIVATED ALMONDS, BANANA, HONEY

avocado toast 16,500 LL

SMASHED AVOCADO WITH LEMON & OLIVE OIL, SERVED WITH HOMEMADE, YEAST-FREE, SOURDOUGH BREAD

OPTION: ADD ONE FRIED EGG SCRAMBLED
OR SUNNY-SIDE UP 7,000 LL

almond butter toast 16,500 LL

OUR HOMEMADE ALMOND BUTTER SERVED WITH HOMEMADE, YEAST-FREE, SOURDOUGH BREAD

OPTION: ADD BANANAS, BERRIES OR FRUIT OF YOUR CHOICE
(SUBJECT TO AVAILABILITY) 6,000 LL

matcha almond bowl 16,500 LL

MATCHA ALMOND CREAM BETWEEN LAYERS OF BANANA AND STRAWBERRIES

vanilla chia pudding 16,500 LL

HOUSEMADE ALMOND MYLK, CHIA, STRAWBERRY,
BANANA, CACAO NIBS, GOJI

chia mango coco coulis 16,500 LL

HOUSEMADE ALMOND MYLK, CHIA, MANGO, BLUEBERRIES, GOJI

housemade granola 18,000 LL

ALMONDS, WALNUTS, SPROUTED BUCKWHEAT, FIGS, RAISINS,
GOJI & CACAO NIBS, SERVED WITH ALMOND MYLK

banana buckwheat pancakes 18,000 LL

BUCKWHEAT, EGGS & BANANA, SERVED WITH SWEET
CASHEW CREAM OR BLUEBERRY JAM

creamy coconut banana porridge 16,500 LL

ROLLED OATS, RAISINS, CINNAMON & HONEY TOPPED
W. HOMEMADE ALMOND BUTTER, STRAWBERRIES & GOJI

LUNCH

MAINS

sunshine on a plate 38,500 LL

A BOWLFUL OF HAPPINESS W. ZUCCHINI NOODLES, AVOCADO,
CASHEW HUMMUS, GF CRACKERS, SWEET POTATO SAUTEE,
QUINOA & BUCKWHEAT FALAFEL WITH A MINTY TZATZIKI

eat sunshine power salad 32,000 LL

MIXED GREENS, CARROT, CUCUMBER, TOMATO,
ACTIVATED SEEDS & NUTS, QUINOA, AVOCADO
*PLUS YOUR CHOICE OF GRILLED BEEF, GRILLED
CHICKEN BREAST, SEARED SALMON OR EGGS*

eat sunshine kale salad 25,500 LL

KALE, ONION, AVOCADO, LEMON, CHERRY TOMATOES,
ROCKET, SUNFLOWER AND PUMPKIN SEEDS

OPTION: ADD ONE FRIED EGG SUNNY-SIDE UP 6,000 LL

salmon caesar salad 32,000 LL

LETTUCE, POACHED SALMON & HOMEMADE CROUTONS IN
A DECADENT EGG-FREE, MAYO-FREE CAESAR SAUCE

quinoa flower 25,500 LL

QUINOA, SWEET POTATO, POMEGRANATES, LETTUCE, CARROTS,
CHERRY TOMATO, CHIA, PUMPKIN, SUNFLOWER & HEMP SEEDS W.
AN AVOCADO LEMONY SUMAC DRESSING

zucchini noodles 25,500 LL

OUR SPIRALIZED ZUCCHINI NOODLES AKA "ZOODLES" W. ONE OF
OUR SPECIALTY SAUCES OF THE DAY:

CASHEW CREAM: CASHEW NUTS & ROASTED GARLIC

WALNUT PESTO: WALNUTS & BASIL

GREEN TAHINI: TAHINI, CORIANDER & PARSLEY

MARINARA: FRESH TOMATOES, SUNDRIED TOMATOES & BASIL

soba spring rolls w. almond butter sauce 27,500 LL

SOBA NOODLES, LETTUCE, CUCUMBER, SHIITAKE & SEA
VEGETABLES SERVED W. A SPICY ALMOND BUTTER DIPPING SAUCE

brown rice futomaki rolls 27,500 LL

NORI ROLLS W. BROWN RICE, CARROTS, CUCUMBER,
AVOCADO, SHIITAKE

sesame orange salmon w. zaatar 35,500 LL

SALMON, ORANGE ZEST, TOASTED SESAME & ZAAATAR,
SERVED W. A SIDE OF VEGGIES

goodness bowl 32,000 LL

WARM BROWN RICE & SEASONAL VEG PLUS YOUR CHOICE OF:
*EGGPLANT & SWEET POTATO (VEGETARIAN OPTION)
GRILLED BEEF, OR SEARED SALMON*

aloha poké bowl 32,000 LL

HAWAIIAN INSPIRED BOWL W. BROWN RICE, FRESH RAW SALMON
OR TUNA, PICKLED CUCUMBERS & GINGER AND OUR SPECIAL
WASABINAISE

teriyaki stir-fry w. cauliflower rice 35,500 LL

BEEF OR SALMON, VEGGIES & OUR DELICIOUS TERIYAKI SAUCE,
SERVED OVER CAULIFLOWER RICE

SIDES

avocado toast 16,500 LL

SMASHED AVOCADO WITH LEMON & OLIVE OIL, SERVED
WITH HOMEMADE, YEAST-FREE, SOURDOUGH BREAD

OPTION: ADD ONE FRIED EGG SCRAMBLED
OR SUNNY-SIDE UP 7,000 LL

avocado toast w. smoked salmon & cucumbers 25,500 LL

SMASHED AVOCADO, SMOKED SALMON & CRUNCHY
CUCUMBERS SERVED ON SOURDOUGH BREAD

guacamole w. homemade sourdough bread 18,000 LL

AVOCADO, LEMON, OLIVE OIL, A HINT OF GARLIC
W. OUR HOMEMADE SOURDOUGH YEAST-FREE BREAD

minty tzatziki w. homemade spelt crackers 18,000 LL

OUR REFRESHINGLY MINTY DAIRY-FREE TZATZIKI DIP W.
CASHEW NUTS, CUCUMBER & MINT

roasted kale sauteed w. tomato & onions 18,000 LL

LOCAL SUPERGREENS, GARLIC, TOMATO & ONIONS,
SAUTÉED AND FINISHED WITH TAMARI

SWEET INDULGENCE

chocolate cashew mousse 16,500 LL

CASHEW, DATES, CACAO, MAPLE & VANILLA,
TOPPED W. OUR HOMEMADE GRANOLA

chocolate almond butter cups 16,500 LL

COCONUT-SWEETEND CHOCOLATE WITH ALMOND BUTTER
FILLING, OUR HEALTHY TAKE ON PEANUT BUTTER CUPS

matcha almond bowl 16,500 LL

MATCHA ALMOND CREAM BETWEEN LAYERS OF BANANA
AND STRAWBERRIES

vanilla chia pudding 16,500 LL

HOUSEMADE ALMOND MYLK, CHIA, STRAWBERRY, BANANA,
CACAO NIBS, GOJI

chia mango coco coulis 16,500 LL

HOUSEMADE ALMOND MYLK, CHIA, MANGO,
BLUEBERRIES, GOJI

matcha granita 16,500 LL

OUR REFRESHING TAKE ON A SORBET, MATCHA CRYSTALS
W. HOMEMADE COCONUT SYRUP

amazeballzzz 16,500 LL

DAILY SPECIAL SUPERFOOD ENERGY BALLZZZ

eat  sunshine

JUICES

13,250 LL

● Our juices are prepped daily and are subject to availability

sunset beach

FILTERED WATER, LEMON, GINGER JUICE, MAPLE, TURMERIC, BLACK PEPPER, CINNAMON

berryful sunrise

FILTERED WATER, RASPBERRIES, GOJI BERRIES, LEMON, COCONUT NECTAR

tropikale

CUCUMBER, KALE, PEAR, LIME

emerald green

CUCUMBER, CHARD, APPLE, LIME, PARSLEY

green goddess

SPINACH, BROCCOLI, FENNEL, ZUCCHINI, APPLE, LEMON

power greens

KALE, SPINACH, CUCUMBER, ROMAINE, PARSLEY, CELERY, LEMON, GINGER

ruby red

APPLE, BEET, RED CABBAGE, TOMATO, RADISH, FENNEL, RED BELL PEPPERS

chia carotene

CARROT, APPLE, CELERY, CHIA, LEMON, GINGER

turmeric tinge

ORANGE, RED PEPPER, CARROT, GINGER, FRESHLY GRATED TURMERIC

chloro fill

FILTERED WATER, A SHOT OF GINGER JUICE, PLUS YOUR DAILY DOSE OF LIQUID CHLOROPHYLL

acai fat burner

FILTERED WATER, ACAI, LEMON, HONEY, CAYENNE

SMOOTHIES

13,250 LL

strawberry mylk

STRAWBERRY, CASHEWS, ALMONDS, MAPLE, VANILLA

banana lucuma

ALMONDS, BANANA, LUCUMA, CHIA, MAPLE, VANILLA

kale 2.0

KALE, ALMONDS, CHIA, BANANA, DATES, VANILLA

strawberry fields

STRAWBERRY, BANANA, WHOLE ALMONDS

guilt-free chocolate

CASHEWS, ALMONDS, CACAO CHUNKS, DATES, MAPLE, VANILLA

banana mesquite

BANANA, MESQUITE, ALMONDS, WALNUTS, CHIA, DATES, VANILLA

coffee elixir

ALMONDS, HONEY, CINNAMON, VANILLA, A SHOT OF ESPRESSO

vanilla elixir

ALMONDS, HONEY, CINNAMON, VANILLA

● add a spoonful of

maca FOR A HAPPY KICK & LIBIDO LIFT *lucuma* AN EXOTIC TWIST

chlorophyll AKA LIQUID SUNSHINE *chia* FOR THAT POWER SURGE

acai TO GLOW RADIANTLY *spirulina* FOR THAT PROTEIN BOOST

chlorella TO DETOXYFY & CLEANSE *moringa* FOR STRESS BUSTING STRENGTH

hemp seeds GREEN PROTEIN & OMEGA RICHNESS

cacao FOR WHAT IS LIFE WITHOUT CACAO?

HOT SPECIALTY DRINKS

matcha green tea 13,250 LL

CEREMONIAL GRADE MATCHA GREEN TEA

matcha latte 11,000 LL

HOUSEMADE ALMOND MYLK, MATCHA, HONEY, COCONUT OIL, VANILLA BEAN

cacao latte 11,000 LL

HOUSEMADE COCONUT MYLK, CACAO, MAPLE

chai latte 11,000 LL

INDIAN SPICED CHAI W. HOUSEMADE ALMOND MYLK

eat sunshine latte 11,000 LL

FRESHLY GRATED TURMERIC, HOUSEMADE COCONUT MYLK, HONEY

ICED SPECIALTY DRINKS

iced spiced rooibos 11,000 LL

ROOIBOS, CINNAMON, CARDAMOM, GINGER, STAR ANISE

matcha glacè 13,250 LL

CEREMONIAL GRADE ICED MATCHA GREEN TEA

matcha almond mylk 11,000 LL

MATCHA, ALMONDS, HONEY, COCONUT OIL, VANILLA BEAN

chocolate like you remember 11,000 LL

CASHEW NUTS, CACAO, DATES, COCONUT OIL, MAPLE, VANILLA BEAN

ORGANIC TEAS

10,000 LL

*fresh ginger root,
fresh turmeric root,
raspberry leaf,
elderflower,
rooibos,
echinacea,
hojicha
goji berry*

COFFEE

OUR ORGANIC, FRESHLY GROUND, PREMIUM COFFEE

espresso 8,000 LL

double shot 11,000 LL

black 11,000 LL

cappuccino W. HOUSEMADE ALMOND MYLK 11,000 LL

latte W. HOUSEMADE ALMOND MYLK 11,000 LL

coffee on the rocks! 11,000 LL

COLD BREW SINGLE ORIGIN COFFEE ON ICE, SERVED WITH OR WITHOUT HOUSEMADE ALMOND MYLK

WATER

via (small) 5,000 LL

via (large) 7,000 LL

s. pellegrino 7,000 LL

WINE

white biodynamic 106,000 LL *by the glass* 21,000 LL

MACON LA ROCHE-VINEUSE 2013

red biodynamic 109,000 LL *by the glass* 22,000 LL

LIRAC LA DAME ROUSSE 2012

BEER

colonel 11,000 LL

LOCAL, ARTISANAL, PRESERVATIVE-FREE LAGER

eat ● *sunshine*